My crime is that of

curiosity

ChatGPT how to protect your privacy?

How to simply protect your privacy in ChatGPT

- Few users are aware of the option in ChatGPT to protect their privacy.
- Too many "experts" say all data will be used to train the model.
- The standard setting is to share your data.
- ChatGPT has a setting to prevent sharing your data. Most users are unaware of this.
- How?
- Check the next pages.

New chat

GPT-3.5   GPT-4 🔒

ChatGPT

☀️

Examples

"Explain quantum computing in simple terms" →

"Got any creative ideas for a 10 year old's birthday?" →

"How do I make an HTTP request in Javascript?" →

⚡

Capabilities

Remembers what user said earlier in the conversation

Allows user to provide follow-up corrections

Trained to decline inappropriate requests

⚠️

Limitations

May occasionally generate incorrect information

May occasionally produce harmful instructions or biased content

Limited knowledge of world and events after 2021

Press ...

next to your

name

👤 Upgrade to Plus   NEW

B Bob M   ...

Send a message   ➤

Free Research Preview. ChatGPT may produce inaccurate information about people, places, or facts. ChatGPT July 20 Version

GPT-3.5   GPT-4 🔒

ChatGPT

☼
Examples

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"How do I make an HTTP request in Javascript?" →

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Limited knowledge of world and events after 2021

Press Settings

↗ Help & FAQ

⚙ Settings

→ Log out

B   Bob M   ...

Send a message   ➤

Settings

×

General

Data controls

Theme   Light ∨

Clear all chats   Clear

Press Data controls

Turn Chat history & training off.

Settings

General

Data controls

Chat history & training

Save new chats on this browser to your history and allow them to be used to improve our models. Unsaved chats will be deleted from our systems within 30 days. This setting does not sync across browsers or devices. Learn more

Shared links   Manage

Export data   Export

Delete account   Delete

Chat history & training is now turned off. No data will be shared. Your prompts will not be saved. Press X to go back.

Settings   ✕

⚙ General

🗃 Data controls

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Important
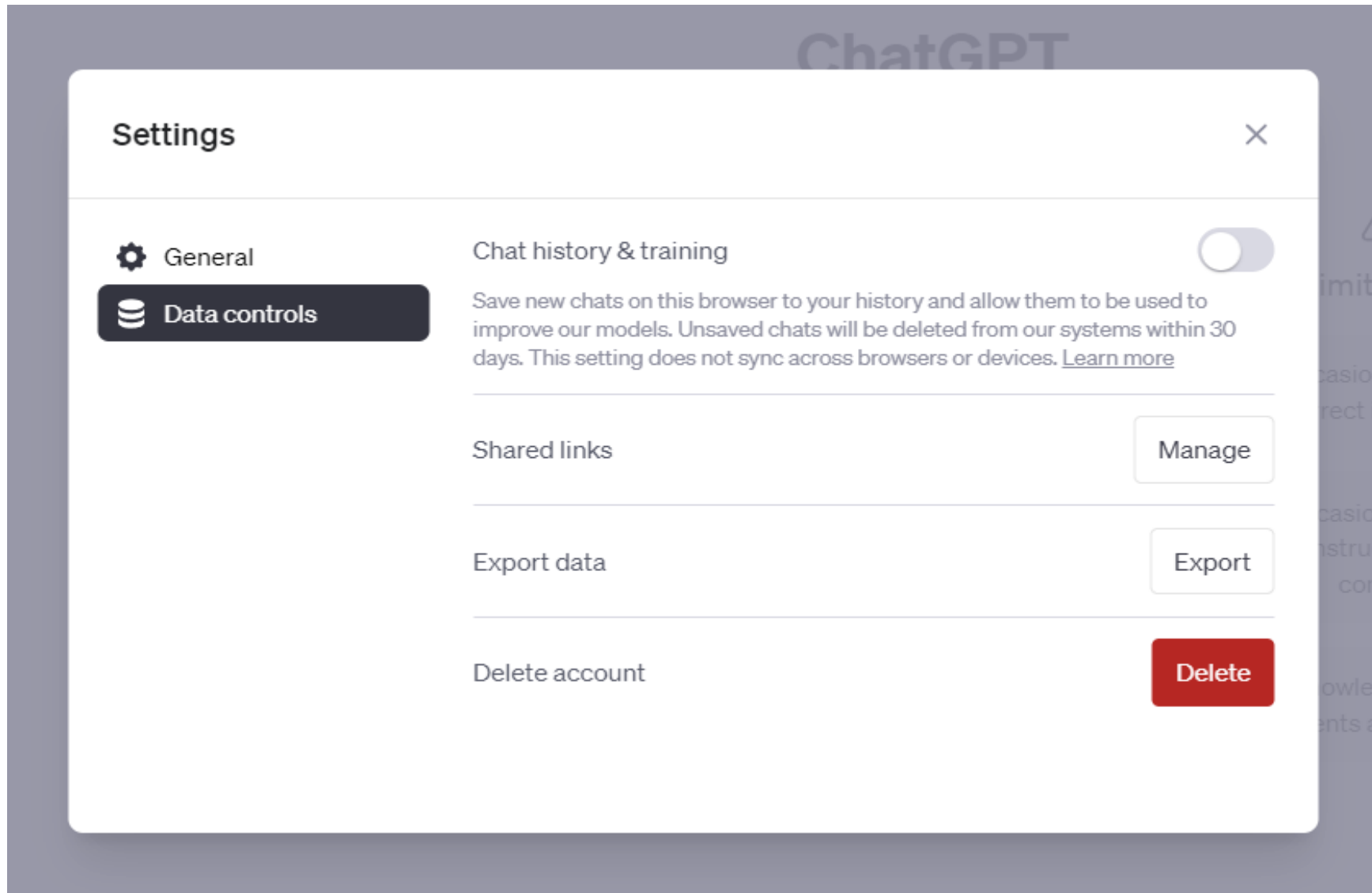
- Did you turn Chat history & training off?
- You only turned it off on the pc you are working on now!
- When you login using the same account on another pc, laptop or mobile?
- Turn Chat history & training off on this device also.
- I understand this might be frustrating, but this is how openai (currently) works.
- Remember this!

Privacy

- Did you turn Chat history & training off?

- The data you enter from now will not be shared anymore.

- Beware: when using the paid plus version, code interpreter and plugins will not work anymore.

- Still need them? Activate History & training but remember that your data will be shared for training the model.

- Do you need one of these plugin functionality but with privacy?

- Check for companies offering this functionality via an api. When using an api data is normally not shared. (always check this)

Policy

- As a company/organization make a policy.
- A policy how employees should use ChatGPT.
- Do not forbid the use, inform users how to.
- Are you using ChatGPT in you company or organization?
- Turn Chat history & training off!
- Turing it off prevents any sensitive data to be made public in future by ChatGPT.

Who am I?

- Bob Ballings
- Business owner since 1989
- Interested in computers and technology.
- Starting new productions and developments.
- Author of ChatGPT AI: the secret of professional writing (e-book).
- Enthusiastic about AI/ChatGPT.
- Looking critically and practically at AI/ChatGPT.
- AI/ChatGPT speaker and trainer.
- www.bobballings.nl